

National Health Education Standards

1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.

2 Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

SEL Standards

3A Consider ethical, safety, and societal factors in making decisions.

3B Apply decision-making skills to deal responsibly with daily academic and social situations.

Performance Descriptors

2.12.1 Analyze how the family influences the health of individuals.

2.12.2 Analyze how the culture supports and challenges health beliefs, practices, and behaviors.

2.12.3 Analyze how peers influence healthy and unhealthy behaviors.

2.12.5 Evaluate the effect of media on personal and family health.

2.12.8 Analyze the influence of personal values and beliefs on individual health practices and behaviors.

2.12.10 Analyze how public health policies and government regulations can influence health promotion and disease.

Analyzing Influences

Alcohol, Tobacco and Other Drugs

Performance Tasks: Students will choose a media clip (song, video, TV show, video game) and analyze the positive and negative ATOD influences and the impact it has on actions and behaviors.

Knowledge: Students will know...

What are the positive and negative internal influences associated with drug use (Values, Fear, Interests, Curiosity, Beliefs, Attitudes, Motivation and Needs).

What are the positive and negative external influences associated with drug use (People, Culture, Media, Advertising, Technology, Law, Policy, Regulation, Public Health Organizations and Life Circumstances, Video Games).

Why they need to analyze the influences that can lead to addiction.

Know the difference between risk factors and protective factors.

The difference between social norms versus facts (steroid abuse, marijuana use, prescription drug use, alcohol use, nicotine use).

Brain anatomy and physiology related to drug use and addiction (steroids, ATOD content).

Understandings: Students will understand that...

Influences can have a positive or negative impact on their health and wellness.

Values and perceptions influence their decision to use drugs.

Transfer Goal: Students will be able to independently use their learning to...

Determine if the influences in their life are having a positive or negative impact on their health and wellness.

Skill: Students will be able to...

Identify personal values and how they influence decision making around drug use.

List influences on their own behavior.

Analyze community drug use data to compare what is perceived versus what is reality (IYRBSS-

Identify protective factors to reduce risky behaviors

Analyze a public policy or law and its influence on the health promotion and drug prevention of the community.

Analyze ATOD positive and negative media messages.

Essential questions: Students will keep considering...

Do I need to do anything about the influences in my life?

What is the best plan of action to handle this influence in my life?

Do I need to remove myself from this influence?