

8th Grade Health Education – Human Growth and Development

Illinois State Standards

23 Understand human body systems and factors that influence growth and development.

National Standards

1 Comprehend concepts related to health promotion and disease prevention to enhance health.

5 Demonstrate the ability to use decision-making skills to enhance health.

Performance Descriptors

23B.g.4 List choices that have a positive influence on health.

23B.g.5 List choices that have a negative influence on health.

5.8.4 Distinguish between healthy and unhealthy alternative to health-related issues or problems.

5.8.5 Predict the potential short-term impact of each alternative on self and others.

5.8.6 Choose healthy alternatives over unhealthy alternative when making a decision.

Transfer goals: Students will be able to independently use their learning to... analyze impacts of sexual activity on their physical, mental/emotional and social wellness and determine the impact it has on their quality of life.

Knowledge: Students will know...

How to prevent conception (contraception and abstinence until marriage information).

Teen pregnancy options.

The healthcare rights for youth in Illinois around access to sexual health information.

There are community resources for contraception and teen pregnancy.

What consent is.

The age of consent for sexual activity.

Safe Haven Law. (<http://saveabandonedbabies.org/for->

Understandings: Students will understand that...

There are ways to prevent conception.

There are options for an unplanned pregnancy.

There is a law to be able to consent to sexual activity.

A new mother has options according to the Safe Haven Law.

Performance Tasks:

Students will analyze 2 out of 3 scenarios and complete the DECIDE method to determine the most effective methods of conception prevention including abstinence, hormonal, barrier, permanent, and behavior (**DISTRICT SUMMATIVE**).

Students will analyze a scenario and complete the DECIDE method for teen pregnancy options (**DISTRICT SUMMATIVE**).

Skill: Students will be able to...

To use DECIDE method to analyze teen pregnancy options and methods to prevent conception.

Identify places in the community where they can go for sexual health information support.

Identify the places where a parent can relinquish their parental rights.

Essential questions: Students will keep considering...

How do I remain abstinent in my relationships?

Where in my school or community can I get valid and reliable information regarding sexual health?

What are the risks and protective factors of sexual activity on my physical, mental/emotional and social wellness?