8th Grade Health Education – Sexually Infectious Diseases

**Illinois State Standards**

22 Understand principles of health promotion and the prevention and treatment of illness and injury.

**National Standards**

1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.

**Performance Descriptors**

22A.h.5 Indicate behaviors/choices that may increase risks to one’s health.
22A.h.7 Demonstrate behaviors/choices that reduce health risks.
22A.h.9 Describe and name STDs.
22A.h.10 Identify the signs and symptoms of common STDs/STIs.
22A.h.11 Demonstrate basic knowledge of HIV and AIDS.
22A.i.9 Identify organisms that cause STDs/STIs.
22A.j.9 Discover long-term consequences of STDs/STIs.
1.8.5 Describe ways to reduce or prevent injuries and other adolescent health problems.
1.8.6 Explain how appropriate health care can promote personal health.

**Transfer goals:** Students will be able to independently use their learning to... identify methods of transmission and prevention of STD/STIs/HIV/AIDS to increase longevity and quality of life.

**Knowledge: Students will know...**

- The names and signs & symptoms of the common STD/STIs/HIV/AIDS.
- The methods of STD/STI/HIV/AIDS transmission.
- The behavioral risks and protective factors for acquiring an STD/STI/HIV/AIDS.
- The prevalence of STD/STIs/HIV/AIDS.
- Which STD/STIs/HIV/AIDS are curable or treatable.
- The short and long term consequences of STD/STIs/HIV/AIDS.

**Skill: Students will be able to...**

- Identify the signs & symptoms of the common STD/STIs/HIV/AIDS.
- Understand how STD/STIs /HIV/AIDS are transmitted.
- Identify risky behaviors that increase the risk of acquiring an STD/STI/HIV/AIDS.
- Identify behaviors that reduce the risk of acquiring an STD/STI/HIV/AIDS.
- Differentiate between which STD/STIs are curable or treatable.
- Identify the short and long term consequences of STD/STIs/HIV/AIDS.

**Understandings: Students will understand that...**

- There are signs and symptoms to specific STD/STIs/HIV/AIDS.
- There are various ways STD/STIs/HIV/AIDS are transmitted.
- Abstinence is the only 100% effective way to prevent acquiring and STD/STI/HIV/AIDS.
- There are ways to reduce the risk of acquiring an STD/STI/HIV/AIDS.
- Some STD/STIs are curable and some are life long

**Essential questions: Students will keep considering...**

- What are the physical, mental and emotional consequences STDs/STIs/HIV/AIDS would have on my life and those around me?
- Where in my community can I find valid and reliable information to answer questions about disease prevention and treatment?

**Performance Task:** Teacher created performance assessment.