



Food & Nutrition Services

JANUARY 2023 U-46 MIDDLE & HIGH SCHOOL SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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- Chicken Sandwiches
- House Made Pizzas
- Bosco Sticks w/Marinara
- Hamburgers
- Corn Dogs
- Chicken Tenders

Check your school's menu board for specifics.

Choice of fruit, vegetables, and milk offered with all entree options.

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

MENU SUBJECT TO CHANGE

Find Allergen and Carbohydrate information at:
<https://www.u-46.org/Page/9190>
Menu Questions?
 Contact Christine Cliff, U-46.org or (847)888-5000 x5034

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<p>9</p> <p>PEANUT BUTTER JAMWICH WITH A CHEESE STICK AND CRACKERS</p> <p>MILK - JUICE - FRUIT</p>	<p>10</p> <p>HAM AND CHEESE ON A DIAMOND JIM ROLL</p> <p>MILK - JUICE - FRUIT</p>	<p>11</p> <p>TURKEY AND CHEESE ON SANDWICH BREAD</p> <p>MILK - JUICE - FRUIT</p>	<p>12</p> <p>ITALIAN SUB ON FRENCH BREAD BUN</p> <p>MILK - JUICE - FRUIT</p>	<p>13</p> <p>NO SCHOOL</p>
<p>16</p> <p>HAM AND CHEESE ON A DIAMOND JIM ROLL</p> <p>MILK - JUICE - FRUIT</p>	<p>17</p> <p>PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK</p> <p>MILK - JUICE - FRUIT</p>	<p>18</p> <p>TURKEY BACON LETTUCE & TOMATO SANDWICH</p> <p>MILK - JUICE - FRUIT</p>	<p>19</p> <p>TORTILLA CHIPS WITH CHEESE CUP AND CHEESE STICK</p> <p>MILK - JUICE - FRUIT</p>	<p>20</p> <p>NO SCHOOL</p>
<p>23</p> <p>TURKEY AND CHEESE ON SANDWICH BREAD</p> <p>MILK - JUICE - FRUIT</p>	<p>24</p> <p>PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK</p> <p>MILK - JUICE - FRUIT</p>	<p>25</p> <p>HAME AND CHEESE ON A DIAMOND JIM ROLL</p> <p>MILK - JUICE - FRUIT</p>	<p>26</p> <p>ITALIAN COMBO SANDWICH</p> <p>MILK - JUICE - FRUIT</p>	<p>27</p>
<p>30</p> <p>TURKEY AND CHEESE ON A DIAMOND JIM ROLL</p> <p>MILK - JUICE - FRUIT</p>	<p>31</p> <p>PEANUT BUTTER JAMWICH WITH CRACKERS AND A CHEESE STICK</p> <p>MILK - JUICE - FRUIT</p>	<p style="background-color: red; color: white;">1</p> <p>ITALIAN SUB SANDWICH ON FRENCH BREAD</p> <p>MILK - JUICE - FRUIT</p>	<p style="background-color: red; color: white;">2</p> <p>BBQ CHICKEN ON A SOFT ROLL</p> <p>MILK - JUICE - FRUIT</p>	<p style="background-color: red; color: white;">3</p> <p>NO SCHOOL</p>