



# SEPTEMBER 2023 - U-46 MIDDLE & HIGH SCHOOL MENU

## LUNCH

In addition to the hot entrees, grab & go deli sandwiches, PB&Js, and salads are available. Two additional specials are offered daily and may include these:




- House Made Pizza
- Corn Dog
- Protein Packs
- Bosco Sticks w/Marinara
- Jumbo Pretzel w/Cheese
- Pizza Crunchers
- Chicken Patties

Check your schools' menu board for specifics. Menus subject to change. Choice of fruit, vegetables, and milk offered with all entree options.

Fresh vegetable options from the U-46 Growing Green Garden incorporated into menus, when able.

September is National Hispanic Heritage Month.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 PHILLY CHEESESTEAK OR TONY'S PIZZA OR CHICKEN PATTY SANDWICH HOMESTYLE PIZZA POTATO STARS	29 CHICKEN TENDER WRAP OR CHEESE QUESADILLA OR BLACK BEAN BURGER HOMESTYLE PIZZA CORN	30 MEAT OR CHEESE CALZONE CALZONES OR BEEF BURGER ON BUN OR HOMESTYLE PIZZA RANCHERO BEANS	31 ORANGE CHICKEN/RICE OR JUMBO PRETZEL WITH CHEESE BBQ RIB PATTY ON BUN HOMESTYLE PIZZA STEAMED BROCCOLI	1 BEEF HOT DOG OR GARLIC FRENCH BREAD OR BEEF BURGER HOMESTYLE PIZZA CURLY FRIES
NO SCHOOL 4  LABOR DAY	5 BOOM! BOOM! CHICKEN PATTY OR BLACK BEAN BURGER OR MOZZARELLA STICKS HOMESTYLE PIZZA POTATOES	6 MACARONI & CHEESE WITH MEAT, BEANS AND FRESH TOPPING OR SPICY CHICKEN PATTY HOME STYLE PIZZA STEAMED BROCCOLI	7 BEEF BBQ RIB PATTY OR ITALIAN CHEESE BREAD OR BEEF BURGER HOME STYLE PIZZA CORN	8  POPCORN CHICKEN WITH SAUCE AND ROLL OR BOSCO STICKS WITH MARINARA HOME STYLE PIZZA CURLY FRIES
11 SPICY CHICKEN PATTY OR CHEESE QUESADILLA OR BEEF BURGER HOMESTYLE PIZZA POTATO STARS	12 CHICKEN PATTY SANDWICH OR BOSCO STICKS WITH MARINARA HOMESTYLE PIZZA CORN	13 BEEF BURGER ON BUN OR GRILLED CHEESE SANDWICH OR CHICKEN TENDER WRAPS HOMESTYLE PIZZA STEAMED BROCCOLI	14 <b>FIESTA DAY!</b> STREET TACOS LOADED NACHOS OR TACO SALAD BOWLS BBQ RIB PATTY ON BUN HOMESTYLE PIZZA RANCHERO BEANS	15 MINI CORN DOGS OR MOZZARELLA STICKS OR HOMESTYLE PIZZA CURLY FRIES
18 PHILLY CHEESESTEAK OR TONY'S PIZZA OR CHICKEN PATTY SANDWICH HOMESTYLE PIZZA POTATO STARS	19 CHICKEN TENDER WRAP OR CHEESE QUESADILLA OR BLACK BEAN BURGER HOMESTYLE PIZZA CORN	20 MEAT OR CHEESE CALZONES OR BEEF BURGER ON BUN OR HOMESTYLE PIZZA RANCHERO BEANS	21 ORANGE CHICKEN/RICE OR JUMBO PRETZEL WITH CHEESE BBQ RIB PATTY ON BUN HOMESTYLE PIZZA STEAMED BROCCOLI	22 BEEF HOT DOG OR GARLIC FRENCH BREAD OR BEEF BURGER HOMESTYLE PIZZA CURLY FRIES
25 LASAGNA ROLL UP WITH MARINARA&BREADSTICKS OR PIZZA CRUNCHERS OR HOMESTYLE PIZZA POTATOES	26 BOOM! BOOM! CHICKEN PATTY OR BLACK BEAN BURGER OR MOZZARELLA STICKS HOMESTYLE PIZZA SEASONED CORN	27 MACARONI & CHEESE WITH MEAT, BEANS AND FRESH TOPPING OR SPICY CHICKEN PATTY HOME STYLE PIZZA STEAMED BROCCOLI	28 BEEF BBQ RIB PATTY OR ITALIAN CHEESE BREAD OR BEEF BURGER HOME STYLE PIZZA BBQ BEANS	29  POPCORN CHICKEN WITH SAUCE AND ROLL OR BOSCO STICKS WITH MARINARA HOME STYLE PIZZA CURLY FRIES