


May 2023 Breakfast Menu



**U-46 Food & Nutrition
Services**

Updated 4.3.2023

MON		TUE		WED		THU		FRI		Menu Subject to Change	
1		2		3		4		5			
Scrambled Egg Skillet Bowl Filled with potatoes, eggs & choice of mix-in's		Pancakes topped with fruit & option for Whipped topping or Syrup		Chicken Sausage & Waffle Slider		Warmed Cinnamon UBR Round		NO SCHOOL INSTITUTE DAY		CHOICE OF FRUIT & 1 % PLAIN & FAT FREE FLAVORED MILK AVAILABLE WITH ALL ENTREES	
8		9		10		11		12			
Cheesy Eggs with Tater Tots		Yogurt Parfait With Fruit & Granola		Glazed Donut		Chilaquiles-Style Breakfast Nachos		French Toast Bites or Sticks Served with fruit & Option for syrup			
15		16		17		18		19		In addition to the breakfast entrees, a variety of Grab & Go options are available. Please see your school's menu board for the most up-to date menu offerings.	
Warm Cinnamon Roll		Turkey Sausage & Egg Breakfast Burrito		Blueberry Donut Holes		Cinnamon French Toast Sticks topped with fruit		Sausage & Gravy Breakfast Pizza			
22		23		24		25		26			
Scrambled Egg Skillet Bowl Filled with potatoes, eggs & choice of mix-in's		Pancakes topped with fruit & option for Whipped topping or Syrup		Chicken Sausage & Waffle Slider		Warmed Cinnamon UBR Round		Maple Flavored Turkey Pancake Wraps With syrup			
29		30		Last Day of School 31		JUNE 1		2		<div style="border: 2px solid black; padding: 5px;"> Menu Questions? Contact Christine Cliff, U-46 District Dietitian, at ChristineCliff@u-46.org or (847) 888-5000 x5034 </div>	
NO SCHOOL MEMORIAL DAY 		Yogurt Parfait With Fruit & Granola		Glazed Donut		Enjoy your summer break!					

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