



Food & Nutrition Services

In addition to the hot entrees, grab & go deli sandwiches, PB&Js, and salads are available. Two additional specials are offered daily and may include these:

- Chicken Sandwiches
- House Made Pizzas
- Bosco Sticks w/Marinara
- Jumbo Pretzel w/Cheese
- Hamburgers
- Corn Dogs
- Chicken Tenders

Check your school's menu board for

Choice of fruit, vegetables, and milk offered with all entree options.

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

MENU SUBJECT TO CHANGE

Find Allergen and Carbohydrate

information at:


<https://www.u-46.org/Page/9190>
Menu Questions?

Contact Christine Cliff, U-46.org or (847)888-5000 x5034

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FEBRUARY 2023

U-46 MIDDLE & HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL ABOUT THE CHEESE 30 BOSCO STICKS WITH MARINARA OR JUMBO PRETZEL WITH CHEESE SAUCE OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	CHIK 'N DIP 31 CHICKEN TENDERS WITH A ROLL OR PIZZA CRUNCHERS OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE - FRUIT	COMFORT BOWL 1 MASHED POTATOES & GRAVY WITH POPCORN CHICKEN OR GARLIC FRENCH BREAD PIZZA OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	PIZZ-ESTA 2 FIESTA BEEF PIZZA OR MOZZARELLA STICKS WITH MARINARA OR HOUSE MADE PIZZA POTATOES MILK - JUICE - FRUIT	MAC MY DAY 3 MAC 'N CHEESE WITH CHOICE OF TOPPING OR BREADED CHICKEN SANDWICH OR BEAN & CHEESE BURRITO OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT
FROM THE GRILL 6 HAMBURGER ON A BUN OR BLACK BEAN BURGER OR GRILLED CHICKEN PATTY OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	FIESTA DAY 7 LOADED NACHOS WITH CHOICE OF MEAT OR TACO SALAD BOWL OR JALAPENO POPPERS OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT	CUED UP 8 GRILLED BARBEQUE CHICKEN SANDWICH OR JUMBO PRETZEL W/CHEESE OR BREADED CHICKEN OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	MANGIA! MANGIA! 9 JUMBO CHEESE RAVIOLI IN MARINARA OR GARLIC FRENCH BREAD PIZZA OR BEEF BURGER ON A BUN OR HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT	BRING ON THE HEAT 10 SPICY CHICKEN PATTY SANDWICH OR CHEESE QUESADILLA OR CUBANO SANDWICH OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT
ZONED OUT 13 MEAT LOVERS CALZONE OR MINI CHEESE CALZONES OR SPICY CHICKEN PATTY OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	VALENTINE'S DAY 14 TASTE OF THE EAST ORANGE CHICKEN WITH BROWN RICE OR PIZZA CRUNCHERS OR GRILLED CHICKEN PATTY OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT	CHICKEN TOSS 15 POPCORN CHICKEN TOPPED WITH CHOICE OF SAUCE OR PARMESAN BOSCO STICKS WITH MARINARA OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	WHICH 'WICH 16 HOT HAM & CHEESE CROISSANT SANDWICH OR VEGGIE PINWHEEL OR CHICKEN TENDERS OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT	ALL ABOUT THE CHEESE 17 MOZZARELLA STICKS WITH MARINARA OR TEXAS GRILLED CHEESE SANDWICH OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT
NO SCHOOL 20 	NATIONAL PANCAKE DAY 21 BRUNCH IT ON CHICKEN NUGGETS WITH PANCAKES AND SYRUP OR GARLIC FRENCH BREAD PIZZA OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT	PIZZA! PIZZA! 22 MINI CHICKEN CORN DOGS OR JUMBO CHEESE RAVIOLI IN MARINARA SAUCE OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	BRING ON THE HEAT 23 SPICY CHICKEN PATTY SANDWICH OR CHEESE QUESADILLA OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT	FIESTA DAY 24 LOADED NACHOS WITH CHOICE OF MEAT OR TACO SALAD BOWL OR PIZZA CRUNCHERS OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT
MANGIA! MANGIA! 27 JUMBO CHEESE RAVIOLI WITH MARINARA OR MEATBALL SUB SANDWICH OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	THAT'S A WRAP 28 CHICKEN TENDERS OR PLANT BASED BUFFALO CHICKEN NUGGETS OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE - FRUIT	MARCH 1 MAC MY DAY MAC AND CHEESE WITH CHOICE OF TOPPING OR BBQ PORK SANDWICH OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE - FRUIT	MARCH 2 FROM THE GRILL BEEF HOT DOG ON A BUN OR PIZZA CRUNCHERS OR OR HOUSE MADE PIZZA CHEESY BROCCOLI MILK - JUICE - FRUIT	MARCH 3 SOUTH OF THE BORDER CHICKEN FAJITAS WITH PEPPERS AND ONIONS OR BOSCO STICKS W/MARINARA OR HOUSE MADE PIZZA POTATOES MILK - JUICE - FRUIT