

Special Education Virtual Program Series: 2021 – 2022



Normalizing Emotions for an Abnormal Year: Supporting Childhood Anxiety and Depression



**Presenters: Joey M. Williams, M.S. Ph.D. Candidate and
David N. Hunt, Psy.D. - Clinical Psychologist
*Advanced Behavioral Solutions***

Join to learn what anxiety and depression can look like, what impacts your child's emotional functioning, and what you can do to help. With the pandemic constantly changing the last two years, and the upcoming holidays, stressors for many adults have been at an all-time high. Our children are not immune to these same difficulties, and it may not present how you would expect. This presentation will speak to the impact on children and teens up to this point, and provide guidance for parents navigating the holiday season and continued uncertainties surrounding how the pandemic is changing the world their children are growing up in.

Thursday, November 4, 2021 @ 7:00 PM - Register today!*

<https://bit.ly/CAC21-22>

This program will be presented in English with Spanish interpretation.

** This presentation will take place following the CAC General meeting on Thursday, November 4, 2021. The CAC general meeting will begin at 7:00 pm and the presentation will immediately follow the CAC general meeting agenda.*

This is Part 1 of a 2-part presentation. Part 2 will take place February 8, 2022 - more details to follow.



Hosted by:

The Community Advisory Council and School District U-46
For more information about the CAC, visit www.u46cac.org