

# Mr. Feather's Headquarters

## November 2<sup>nd</sup>, 2019

### Important Dates

**November 4<sup>th</sup>:** ROE visits our building to make sure we are all up to code

**November 8<sup>th</sup>:** Picture Retakes; End of first trimester

**November 11<sup>th</sup>:** Veteran's Day

**November 12<sup>th</sup>:** 5<sup>th</sup> Grade DARE Graduation

**November 15<sup>th</sup>:** Veteran's Day Assembly @ 9am; 5<sup>th</sup> Grade visits Hemmens of Elgin

**November 18<sup>th</sup>:** 1<sup>st</sup> – 6<sup>th</sup> Grade Report Cards available on Infinite Campus

**November 20<sup>th</sup>:** PTH Meeting @ 6:30

### Bundt Cake Sales

Bundt Cake flyers went home on Friday. Orders are due back on November 8<sup>th</sup> and pick up is just in time for Thanksgiving, November 22<sup>nd</sup> right before Candy Bar Bingo. (Sales form attached)

### Where Did Fall Go???

The temperatures have dropped and snow has already begun. Please make sure your children have proper attire for the cold temps. We will be going outside unless temperatures are below 15 degrees or the weather is hazardous (ice or large amounts of snow) on the playground.

Please also remind your children proper attire is required to play in the snow (hats, boots, gloves, snow pants), snow angels and snowmen are welcome but snowballs can hurt.

## Be THANKFUL

The holiday season is just about here, this is the perfect time for us to remember what we have to be THANKFUL for. Please take some time to complete and decorate the acrostic poem that was sent home with your child this week. We will be hanging the decorated poems in our lobby during the month of November.

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# 5Essentials Survey

It's that time of year once again to provide your input and feedback on our instructional institution. The Illinois 5Essentials survey has once again opened. The survey identifies five indicators that lead to important student outcomes, including improved attendance and larger test score gains. The five indicators that positively affect school success are:



- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Research derived from the 5Essentials for School Success has proven that schools strong on at least 3 of the 5Essentials are 10 times more likely to improve student outcomes.

The 5Essentials survey will remain open until about February 14th, 2020. You can complete the survey once or several times depending on the number of children you have attending Hawk Hollow. The survey should take approximately 10 minutes to complete. Please click on the link below to complete the survey.

<http://survey.5-essentials.org/illinois/survey/parent/>

Once you have completed the survey, please complete the attached form and your student will earn a \$10 Feather buck! Any class has 100% parent participation will earn a Golden Ticket!!!

<b>Five Essentials Parent Survey</b>		
<b>Hawk Hollow Elementary</b>		
<b>This certificate entitles</b>		
_____		
<b>to</b>		
_____		
_____		
Expires: NEVER		
_____		



stop the flu  
it starts  
with **you**

Remember  
the **3 C's**

## Clean your hands

Wash your hands with soap and warm water after coughing, sneezing, or using the bathroom.

## Cover your nose and mouth

Use a tissue when coughing or sneezing, if you don't have a tissue, cough or sneeze into your upper sleeve – not your hands.

## Contain your germs

Stay home if you have the flu. If you have fever or chills AND a cough, or sore throat tell your teacher or school nurse.

Website: [kanehealth.com](http://kanehealth.com)





detener la gripe

está en tus  
**manos**

Recuerda  
las

**3** **REGLAS**

## Lava tus manos

Lava tus manos con jabón y agua tibia después de toser, estornudar o ir al baño.

## Cubre tu nariz y boca

Usa un pañuelo cuando tosas o estornudes. Si no tienes un pañuelo, tose o estornuda en la parte superior de tu manga, no en tus manos.

## Aíslate

Quédate en casa si tienes gripe. Si tienes fiebre o escalofríos y tos o dolor de garganta, avísale a tu maestro o a la enfermera escolar.

Web: [kanehealth.com](http://kanehealth.com)





## What to Do if You Think Your Child has the Flu

**Call your doctor right away if your child gets sick.** Most healthy children with the flu will recover without problems, but certain children are at high risk for serious complications. Talk with your doctor to determine if your child is at risk.

**Children younger than 5 years old and children with chronic medical conditions, such as asthma and diabetes, may be at higher risk for complications from flu.** Check with your doctor about any special treatment requirements for them.

If your child has a fever, use fever-reducing medicines that your doctor recommends based on your child's age. *A fever is a temperature taken with a thermometer that is equal to or greater than 100 degrees Fahrenheit (37.8 degrees Celsius).*

**Keep your sick child at home for at least 24 hours after the fever is gone, except to get medical care.**

Make sure your child gets plenty of rest and drinks clear fluids (such as water, broth, sports drinks, electrolyte beverages for infants, Pedialyte®) to keep from being dehydrated.

Keep your sick child in a separate room in the house as much as possible to limit contact with household members who are not sick.

**You can consider sending your child back to school after at least 24 hours has passed since his or her temperature returned to normal WITHOUT the use of medications.**

*If your child becomes ill and experiences any of the following warning signs, go to an emergency room or urgent care center:*

- **Fast breathing or trouble breathing**
- **Bluish or gray skin color (call 911 immediately)**
- **Not drinking enough fluids**
- **Severe or persistent vomiting**
- **Not waking up or not interacting**
- **Being so irritable that the child does not want to be held**
- **Flu-like symptoms improve but then return with fever and worse cough**

*To learn more about keeping your kids healthy during flu season visit:*

**Kane County Health Department: [www.kanehealth.com](http://www.kanehealth.com)**

**Center for Disease Control & Prevention: [www.flu.gov](http://www.flu.gov)**



## Qué Hacer si Piensas que Tu Hijo Tiene Gripe

**Llama a tu médico inmediatamente si tu hijo se enferma.** La mayoría de los niños saludables con gripe se recuperan sin problemas, pero ciertos niños tienen un alto riesgo de sufrir complicaciones serias. Habla con tu médico para determinar si tu hijo está en riesgo.

**Los niños menores de 5 años y los que tienen enfermedades crónicas como asma y diabetes pueden tener un riesgo mayor de sufrir complicaciones debido a la gripe.** Habla con tu médico para saber si tu hijo necesita algún tratamiento especial.

Si tu hijo tiene fiebre, usa las medicinas que reduzcan la fiebre que tu médico recomiende basándose en la edad del niño. *La fiebre es la temperatura corporal tomada con un termómetro que sea igual o mayor a 100 grados Fahrenheit (37.8 grados Celsius).*

**Mantén a tu hijo enfermo en casa por lo menos 24 horas después de que haya dejado de tener fiebre, a excepción de las visitas al médico.**

Asegúrate de que tu hijo obtenga bastante descanso y que beba líquidos claros (como agua, caldos, bebidas deportivas, bebidas con electrolitos para infantes, Pedialyte®) para evitar que se deshidrate.

Mantén a tu hijo enfermo en una habitación separada de tu casa lo más posible para limitar el contacto con el resto de los miembros de la familia que no estén enfermos.

**Puedes considerar enviar a tu hijo de vuelta a la escuela después de que hayan pasado por lo menos 24 horas desde que su temperatura volvió a ser normal SIN el uso de medicamentos.**

*Si tu hijo se enferma y presenta cualquiera de los siguientes síntomas, acude a una sala de emergencias o a un centro de servicios médicos de emergencia:*

- **Respiración rápida o problemas respiratorios**
- **Color de piel azulada o grisácea (llame inmediatamente al 911)**
- **No bebe suficientes líquidos**
- **Vómito severo o persistente**
- **No camina o no interactúa**
- **Está tan irritable que no quiere que lo toquen**
- **Los síntomas de la gripe mejoran, pero regresan con fiebre y una tos peor**

*Para saber más sobre cómo mantener a tus hijos sanos durante la temporada de la gripe visita:*

**Departamento de Salud del Condado de Kane:** [www.kanehealth.com](http://www.kanehealth.com)

**Centro para el Control y Prevención de Enfermedades:** [www.flu.gov](http://www.flu.gov)