

April 2023 Breakfast Menu



**U-46 Food & Nutrition
Services**

Updated 3.10.2023

| MON | TUE | WED | THU | FRI | Menu Subject to Change |
|---|--|---------------------------------|--|--|---|
| 3 | 4 | 5 | 6 | 7 | |
| Warm Cinnamon Roll | NO SCHOOL VOTING DAY | Blueberry Donut Holes | Cinnamon French Toast Sticks topped with fruit | NO SCHOOL SPRING HOLIDAY | CHOICE OF FRUIT & 1 % PLAIN & FAT FREE FLAVORED MILK AVAILABLE WITH ALL ENTREES |
| 10 | 11 | 12 | 13 | 14 | |
| Scrambled Egg Skillet Bowl Filled with potatoes, eggs & choice of mix-in's | Pancakes topped with fruit & option for Whipped topping or Syrup | Chicken Sausage & Waffle Slider | Warmed Cinnamon UBR Round | Maple Flavored Turkey Pancake Wraps With syrup | |
| 17 | 18 | 19 | 20 | 21 | In addition to the breakfast entrees, a variety of Grab & Go options are available. Please see your school's menu board for the most up-to date menu offerings. |
| Cheesy Eggs with Tater Tots | Yogurt Parfait With Fruit & Granola | Glazed Donut | Chilaquiles-Style Breakfast Nachos | French Toast Bites or Sticks Served with fruit & Option for syrup | |
| 24 | 25 | 26 | 27 | 28 | |
| Warm Cinnamon Roll | Turkey Sausage & Egg Breakfast Burrito | Blueberry Donut Holes | Cinnamon French Toast Sticks topped with fruit | Sausage & Gravy Breakfast Pizza | |
| MAY 1 | 2 | 3 | 4 | 5 | |
| Scrambled Egg Skillet Bowl Filled with potatoes, eggs & choice of mix-in's | Pancakes topped with fruit & option for Whipped topping or Syrup | Chicken Sausage & Waffle Slider | Warmed Cinnamon UBR Round | NO SCHOOL INSTITUTE DAY | Menu Questions? Contact Christine Cliff, U-46 District Dietitian, at ChristineCliff@u-46.org or (847) 888-5000 x5034 |

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