

April Lunch Menu

2023



**U-46 Food &
Nutrition
Services**

Updated 3.10.2023

MON	TUE	WED	THU	FRI	Menu Subject to Change
3	4	5	6	7	
ZONED OUT Meat Lovers Calzone OR Mini-Cheese Calzones w/ Marinara	NO SCHOOL VOTING DAY	BONELESS WING TOSS Popcorn Chicken topped w/ Choice of sauce & Roll OR Parmesan Bosco Sticks w/ Marinara	WHICH 'WICH Hot Ham & Cheese Croissant OR Veg n Cheese Stuffed Sandwich	NO SCHOOL SPRING HOLIDAY	CHOICE OF FRUIT, VEGETABLES & MILK (1 % PLAIN & FAT FREE FLAVORED) AVAILABLE WITH ALL ENTREES
10	11	12	13	14	
FROM THE GRILL Hamburger on a Bun OR Black Bean Veggie Burger Choice of toppings	CHICK'N DIP Chicken Nuggets w/ Breadstick Choice of Dipping Sauces OR Garlic French Bread	PIZZA! PIZZA! Choice of Cheese or Pepperoni OR Mini-Corndogs	BRING ON THE HEAT Spicy Chicken Patty Sandwich OR Cheese Quesadilla w/ Salsa	FIESTA DAY Loaded Nachos Choice of meat, beans or cheese & fresh toppings w/ corn chips	In addition to hot entrees, Grab & Go, PB&J's and salads are available. Additional specials MAY be offered daily and include:
17	18	19	20	21	<ul style="list-style-type: none"> • Chicken Tenders or Chicken Patty • Pizza • Mini-Corndogs • Jumbo Pretzel w/ Cheese • Bosco Sticks w/ Marinara
MANGIA! MANGIA! Lasagna Roll-Up w/ Marinara & Garlic Breadstick OR Italian Meatball Sub	THAT'S A WRAP Choice of Chicken Tenders OR Buffalo Chik'N Nuggets Topped w/ Cheese on a Tortilla	MAC MY DAY Mac n Cheese w/ Choice of meat, beans and fresh toppings	FROM THE GRILL Beef Hot Dog on a Bun OR Pizza Crunchers Choice of toppings	SOUTH OF THE BORDER Chicken Fajitas w/ Roasted Peppers & Onions on a Tortilla OR Parmesan Bosco Sticks w/ Marinara	
24	25	26	27	28	
ZONED OUT Meat Lovers Calzone OR Mini-Cheese Calzones w/ Marinara	TASTE OF THE EAST Orange Chicken w/ Brown Rice OR Pizza Crunchers	BONELESS WING TOSS Popcorn Chicken topped w/ Choice of sauce & Roll OR Parmesan Bosco Sticks w/ Marinara	WHICH 'WICH Hot Ham & Cheese Croissant OR Veg n Cheese Stuffed Sandwich	ALL ABOUT CHEESE Mozzarella Sticks w/ Marinara OR Grilled Cheese Sandwich	Check your school's menu board for current daily options
MAY 1	2	3	4	5	
FROM THE GRILL Hamburger on a Bun OR Black Bean Veggie Burger Choice of toppings	CHICK'N DIP Chicken Nuggets w/ Breadstick Choice of Dipping Sauces OR Garlic French Bread	PIZZA! PIZZA! Choice of Cheese or Pepperoni OR Mini-Corndogs	BRING ON THE HEAT Spicy Chicken Patty Sandwich OR Cheese Quesadilla w/ Salsa	NO SCHOOL INSTITUTE DAY	Menu Questions? Contact Christine Cliff, U-46 District Dietitian, at ChristineCliff@u-46.org or (847) 888-5000 x5034