

Middle/High School Breakfast Menu

Revised 11/29/23

***Menu Subject to Change**



Questions? Contact Judy Naughton, U-46 District Dietitian, at judithnaughtonl@u-46.org or call 847-888-5000 ext. 5034

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Fruit and 1% Plain or Fat-Free Flavored and Unflavored Milk available with all entrees.	1/1-1/5 NO SCHOOL WINTER RECESS			
8 Glazed Donut Ring	9 Cheese Pizza Bagel	10 Biscuit Breakfast Sandwich	11 French Toast Sticks	12 Cheesy Eggs w/ Tater Tots
15 NO SCHOOL	16 Warm Cinnamon Rolls	17 Chicken Biscuit Sandwich	18 Yogurt Parfait	19 Scrambled Egg Skillet Bowl
22 Mini Powdered Donuts	23 Sausage & Gravy Breakfast Pizza	24 Breakfast Bagel Sandwich	25 Pancakes (Topped with choice of fruit; option for whipped topping or syrup)	26 NO SCHOOL
29 Glazed Donut Ring	30 Cheese Pizza Bagel	31 Biscuit Breakfast Sandwich	2/1 French Toast Sticks	2/2 Cheesy Eggs w/ Tater Tots

In addition to main breakfast entrees, Grab & Go, cereal, cereal bars, and frudels ect. may be available.

Check your school's menu board for current daily options

In accordance with Federal Law & U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, DirectorOffice of Adjudication, 1400 Independence Ave.SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339 or (800) 845-6136 (Spanish) USDA is an equal opportunity provider & employer.

Middle/High School Lunch Menu

Revised 11/29/23

***Menu Subject to Change**



Questions? Contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org or call 847-888-5000 ext. 5034

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Fruit, Vegetable and 1% Plain or Fat-Free Flavored and Unflavored Milk available with all entrees.	1/1-1/5 NO SCHOOL WINTER RECESS			
8 Chicken Tenders OR Grilled Cheese	9 BBQ Rib Patty OR Mozzarella Sticks	10 Mini Corndogs OR Pizza Crunchers	11 Orange Chicken w/ Rice OR Cheese Quesadilla w/ Salsa	12 Turkey Pizza Pocket OR Mini Cheese Pizza Pockets
15 NO SCHOOL	16 Popcorn Chicken OR Chickenless Nuggets	17 Italian Meatball Sub OR Garlic French Bread Pizza	18 Loaded Nachos OR Bean & Cheese Burrito	19 Cheese, Pepperoni OR Buffalo Chicken Pizza
22 Hamburger on a Bun OR Bosco Sticks	23 Comfort Bowl (potatoes, popcorn chicken, corn, gravy) OR Italian Cheesy Pull apart	24 Chicken & Vegetable Pot Stickers w/ Sweet & Sour OR Cheese Bites w/ Marinara	25 Philly Cheesesteaks OR Jumbo Pretzel	26 NO SCHOOL
29 Chicken Tender OR Grilled Cheese	30 BBQ Rib Patty OR Mozzarella Sticks	31 Mini Corndogs OR Pizza Crunchers	2/1 Orange Chicken w/ Rice OR Cheese Quesadilla w/ Salsa	2/2 Turkey Pizza Pocket OR Mini Cheese Pizza Pockets

In addition to hot entrees, Grab & Go, PB&J's and Salads, Chicken Tenders or Chicken Patties, Pizza, Mini-Corndogs, Jumbo Pretzels w/ Cheese, or Bosco Sticks w/ Marinara ect. may be available.

Check your school's menu board for current daily options

In accordance with Federal Law & U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, DirectorOffice of Adjudication, 1400 Independence Ave.SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339 or (800) 845-6136 (Spanish) USDA is an equal opportunity provider & employer.