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Navigating and Tracking Wellness Incentives in Rally For 2018 Earnings Period

- Employees and their spouses must register separately on www.myuhc.com.
- Once you are logged into www.myuhc.com, select Rally.
- Employees and their spouses must open their own separate Rally accounts.
- Once logged into Rally, take the health survey. Even if you completed the survey in the past, you will be prompted to complete the survey again for this new incentive period. When you finish that survey, it will give you a "Rally Age." The health survey is worth 35% of the points you will need to reach 100% completion.
- If you go to the Rewards tab, it will show a "Program Preview" with a percentage of completion.
- Click on "View Full Program" to see all the options you have for earning points.
- At the top of the screen, you will see your "Total So Far" with a percentage.
- You will also see a listing of "Available Activities" with the corresponding percentages you can earn by doing each activity.
- At the bottom of the screen, it will list your "Completed Activities" and the percent you earned for each one. If you took the Health Survey when you first logged in, you should already see the 35% awarded for doing this activity.
- If you have done any other activities since 9/1/16, you will see those listed here, too. For example, if you had a preventive physical since 9/1/16, you would see an award of 35% completion for that activity.
- You and your spouse both need to each reach 100% completion by 8/31/17 to qualify for the 2018 incentive.
- Children on the plan do NOT need to do wellness activities.
- The Benefits staff cannot see your current percent completion. UHC will forward reports after September, so please check your Rally Rewards tab to view your current percent completion.
- You can also view the prior earnings period by toggling back and forth on "Previous 2015" under Rewards History.

Please email questions to Benefits@u-46.org.

