

7th Grade Health Education

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Health education is a required 9 week course in 7th grade by the state of ILLINOIS
. The following are units of study and essential questions:

- Dimensions of Wellness - How healthy am I in the 4 areas of wellness?
- Decision Making - How do my decisions impact my Health?
- Reproductive Systems - What are the structures and functions of the male and female reproductive systems? ●
- Nutrition - How healthy is my diet and what changes should I make?
- Tobacco/Alcohol - What are the long and short term effects of tobacco? What are the physical, emotional, social and mental long and short term dangers of Alcohol use?

For more detailed information visit:

- District Website: <https://www.u-46.org/Domain/2921>

Required Course Materials

**** Chromebook, writing utensil, highlighter, 1 pk. 100ct. Index cards and a folder

Reassessment Policy

MAKEUP POLICY: Summative assessments that are missed will be marked “missing” or “not evaluated” in the grade book until completed. Students have 5 school attendance days to complete a missed assessment. Incomplete assessments result in a lack of evidence of student’s understanding and may cause a student to fail.

REASSESSMENTS: Students will have multiple assessment opportunities to demonstrate higher levels of achievement on any assessment that is used to determine an overall proficiency and grade. The opportunities may be initiated by the instructor or the student, but always at the discretion of the teacher. Students may reassess within 5 school attendance days after original assessment has been graded . After a reassessment, the most current grade will show in Infinite Campus.

*****For example, if a student starts with a 2 and then earns a 1 on a reassessment, the 1 will be the score reflected within Infinite Campus and in grade determination. If the student instead earns a 3, the 3 will be the score reflected.*****

LATE WORK Any late work that a student may have must be turned in within the reassessment window which is within 5 days of original turn in date.

Health Classroom Rules and Expectations:

Room 106 Health class can be a place where thoughts, feelings, emotions, and ideas can be explored. Not everyone in the health classroom will have the same backgrounds or experiences. Therefore, ALL comments will be listened to and respected even if they are not agreed with. Respect must be shown toward everyone and everything in the classroom at all times to ensure a safe and productive learning environment.

Additionally, the following rules should be followed:

- ★ Arrive on time with materials and be ready to learn..
- ★ Ask questions for clarification.
- ★ Gum, candy, and drinks (other than water) cannot be consumed in class.
- ★ Cell phones are not to be used during lecture. May be used during individual work time.
- ★ Do your best

School Name • 2019-2020

Parent Signature Form

**7th Grade Health Education- LARSEN M.S.
Karen Rodriguez**

Please share with your parents or guardians and have this signed and returned by _____.

Students:

I, _____, have read and understand the syllabus and agree to bring my best attitude and effort to this class every day.

Parents/Guardians:

I, _____, have read and understand the syllabus.

Home phone: _____

Work phone: _____

Cell phone: _____

E-mail address: _____

Parent/Guardian preferred language: _____

How would you prefer to be contacted? (You may select multiple methods)

_____ Home _____ Work _____ Cell _____ Email

1. What is the best time of day to reach you by phone?

2. Is there anything I should know about your student's learning process?