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Culinary contenders

Elgin students to cook 3-course meal at national competition

BY RAFAEL GUERRERO



Elgin High School's Prostart culinary team practices Wednesday in advance of a national culinary competition at the end of the month. The group of four high school seniors will have 60 minutes to prepare a three-course meal using limited resources. (Rafael Guerrero / The Courier-News)

Four Elgin High School students were on the clock Wednesday afternoon.

They had one hour to complete a three-course, six-dish meal featuring pan-seared scallops, chicken roulade and citrus ricotta fritters.

Mastering the ability to be quick, efficient and proficient served them well in the Illinois ProStart Invitational in February, when they bested a eight challengers to earn a trip to Rhode Island to compete in the National ProStart Invitational April 27-29. The teens will represent the state in the culinary category.

Adding to the challenge at the national competition will be two impediments: The students will have to prepare the three-course meal without the benefit of running water and with butane lighters as their only heating source.

Teamwork is absolutely key, student Karen Nava said.

"We rely on each other, keep each other in check, be there for support," Nava said. "Also, time management skills are hugely important. Competing is all about time management."



Elgin High School seniors Karen Nava, Zenia Santellan Delapaz, Brian Onofre and Jacqueline Prado and their coach Brenda Martinez show off the trophy and certificate they received in February for winning the Illinois ProStart Invitational. (School District U46)

This isn't the first time **Elgin High Schoo**l students will be competing in the invitational as Illinois' representative, said team coach Brenda Martinez, who teaches advance culinary classes at the school. They've sent teams in the past in the culinary and restaurant management categories, she said.

That doesn't make it easier. Martinez competed in ProStart when she was in high school and noted that the competition taught her plenty about teamwork, communication and ways to be a better cook, she said.

"You learn employment skills, you learn about networking 100 percent," Martinez said. "After all, you are in this competition with excellent chefs in attendance."

---Courier News--- 4/22/18 **Students call for changes to gun laws**Protest activities vary at U46 schools during Friday event

BY RAFAEL GUERRERO



Students gather outside Elgin High School on the morning of April 20, 2018, as part of a student-led walkout coinciding with other schools nationwide. (Rafael Guerrero / Courier-News)

Student-led walkouts Friday in support for gun law reform did not galvanize students in the Elgin area as similar events did a month ago

At about 10 a.m. Friday, between 300 and 400 students poured out of Elgin High School and gathered just outside the school's main entrance. By comparison, a March 14 walkout at Larkin High School in Elgin attracted at least 700.

However, there were no speeches this time around, no rallying cries, no walking around the campus property or efforts to write letters to legislators. Students mostly gathered outside, talking with friends, and 20 minutes later, returned to class.

Some district staff and police officers were present to monitor the safety of the teens.

Anshu Gupta and Della Mullineaux, two staff members, said they support the students' efforts. Mullineaux said she believes student-led activism nationwide is helping change minds on the issue.

"We don't want violence to happen here," Mullineaux said. "The only way to stop this is for people in charge to do something about it."

Participation in walkout events varied by school. At South Elgin High School, student organizers altered plans for a walkout and instead conducted a "walk-in." Via Twitter, organizers said they were conducting events throughout the school day, including speeches, discussions and musical performances.

According to student tweets, the event became a walk-in so students could still participate during their lunch or study hall periods and not be counted as absent or truant, which would affect their ability to attend prom later in the evening.

Last month, South Elgin High students held a larger, outdoor walkout on the school's campus.

---Courier News--- 4/22/18 Welding program helps students, community BY LINDA MCDANIEL-HALE



A student develops welding skills at Elgin High School in a program just accredited nationally. (Maria Wojnicki / HANDOUT)

Tony Sanders, CEO of <u>Elgin</u> **School District U46**, told city council members at a recent committee of the whole meeting that a welding certification program at **Elgin High School** has just been nationally accredited.

As treasurer of the Elgin Development Group, Sanders cited the program as an example of how the group and the schools are working together on careers and academics under the Regional Career Pathways initiative. He said the program in welding does not duplicate other school districts' offerings and is open to students in Burlington School District 301 and Carpentersville District 300.

Kinasha Brown, U46 career and technical education coordinator, spoke to the importance of accreditation by the American Welding Society.

Accreditations are important in validating the quality of a program. Students enrolling in the U46 welding program are being prepared to meet industry standards in welding to immediately join the workforce or further their education after graduation," she said.

According to the U.S. Bureau of Labor Statistics, welding professionals such as solderers, cutters, and brazers are anticipated to grow by 4 percent from 2014 to 2024.

Councilwoman Carol Rauschenberger said the welding program seemed well thought out and will help businesses by providing well-trained workers.

With all of the growth in industrial jobs in Elgin under the guidance and support of the EDG, the location of this welding program is perfect.

Sanders said, "Every kid feels connected to their high school experience first by what is offered socially and emotionally and secondly by skills learned."

U46 has provided the opportunity for students to learn a much needed work skill and feed jobs that otherwise might go unfilled.

If students decide later to attend college, they can always do that, with a little extra money in their pockets earned while working in the welding industry.

It would serve the community well if, in the near future, other trades are taught in U46 schools. This is the start of an excellent learning experience for all lucky enough to be accepted into the welding training program.

SPORTS SECTION

---Daily Herald--- 4/22/18

Glenbard East downs Larkin for UEC win

BY SCOTT MILLER

It hasn't always come easy, but the Glenbard East baseball team has made a habit this year of pulling out close games.

The Rams' flair for the dramatic continued on Saturday with a 3-run seventh inning in a 4-1 Upstate Eight Conference crossover baseball win at Larkin.

Jack Oberli lined a 2-out, 2-run double down the left field line in the seventh inning to break a 1-1 tie.

"These guys have answered the call more often than not all year," Glenbard East coach Jack Pelland said. "It's tough on the blood pressure sometimes, but they find a way to get it done."

Mitchell Glennon led off the seventh inning by coaxing a walk. Jared Rech later reached on a dribbler down the first base line for an infield hit. That set the stage for Oberli's heroics.

"Those are the types of situations you play for," Oberli said. "I felt pretty confident going up there and was just trying to get the job done."

Oberli had already had a single and double earlier in the game before his final at-bat.

"I felt pretty good about our chances in that situation with Jack at the plate," Pelland said. "He's a returning all-conference player and an anchor in our lineup at the leadoff spot. He was seeing the ball real well off their pitcher and had some real good swings in his previous times up."

Ben Campos added an insurance run with an RBI single to drive in Oberli. Jeremy Johnson had an RBI single in the fourth inning to open the scoring for the Rams (12-4, 4-0).

Rech pitched 1% innings of scoreless relief to pick up the win for East. He worked out of a bases loaded, one-out jam in the sixth inning with a strikeout and an easy ground out.

"Jared is one of those kids that will do anything to help the team," Pelland said. "This is his first year ever pitching. He wanted to expand his role to help the team. He was the quarterback on our football team and is very athletic, so it's no surprise he has been able to pick it up pretty fast. I have been really impressed with his arm slot and control."

Glenbard East starter Jack Crackle had a strong outing, yielding just 1 run in 5 innings of work.

Jackson Reuter pitched well for Larkin, but was the tough luck loser. He scattered 8 hits over $6\frac{2}{3}$ innings.

Jeff Althamar accounted for the Royals' only run with an RBI double in the fourth inning. However, the Royals (6-7, 3-5) stranded 8 baserunners.

"It was one of those games where we felt if we could get the lead we would win it," Larkin coach Matt Esterino said. "We had our chances, but they executed a little more than us. Regardless the outcome I thought we played well. Every game we try to play good defense, throw a ton of strikes, and put the ball in play. For the most part I thought we did those things. Now we just have to figure out a way to pull out these close games."