





Physical Education Curriculum Proposal



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Curriculum Writing Team

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	<p>Kevin Alexander</p> <p>Streamwood High School</p>	<p>Stephanie Katzenberger</p> <p>Nicole Maciorowski</p> <p>Alisia Perez- Follman</p> <p>South Elgin High School</p>	

Purpose

- Propose to the Board of Education the adoption of these eight curriculum frameworks for high school physical education.
 - Functional Fitness: Anatomy/THRZ/Safety Module A
 - Functional Fitness: Nutrition/Fitness Portfolio Module B
 - Strength and Performance: Anatomy/THRZ/Safety Module A
 - Strength and Performance: Nutrition/Fitness Portfolio Module B
 - Walking for Wellness: Anatomy/THRZ/Safety Module A
 - Walking for Wellness: Nutrition/Fitness Portfolio Module B
 - Team Sports Officiating and Coaching: Effective Players, Coaches and Officials/THRZ Module A
 - Team Sports Officiating and Coaching: Effective Players, Coaches and Officials/Fitness Portfolio Module B



Aligned to the

U46 STRATEGIC PLAN



Rationale

- Development of district wide standards based curriculums.
- Design district wide assessments and rubrics aligned to the updated State and National Learning Standards.
- Provide common district wide learning opportunities and assessments for students.



Beliefs/Research

- ▶ High school outcomes should focus on:
 - Moving away from the emphasis on team games.
 - Providing knowledge and skills that are aligned with a physically active lifestyle throughout adulthood.
 - Appealing to the varying interest and abilities of students.

-Journal of Physical Education Recreation and Dance
“Moving High School Students toward Physical Literacy”
September 2015



Writing Process

- Understanding by Design Training
- Mapping the Curriculum, Writing Assessments/Rubrics
- Professional Development Team Feedback
- Curriculum and Instruction Plus Team Feedback
- Instructional Cabinet Feedback
- Instructional Council Steering/Instructional Council Feedback
- Board of Education Presentation



Resources for Curriculum Mapping

Resources used to help define what a student should know and be able to do as result of a quality physical education program:

- Illinois Physical Development and Health Standards– Revised 5/2015.
- Research from JOPERD and Illinois Enhanced PE Task Force Report –8/2013.
- Current program curriculum outlines.



Learning Outcomes

- ***Critical Thinking:*** Students will develop critical-thinking skills necessary to understand, analyze, and produce knowledge specific to movement and their health.
- ***Physical Literacy:*** Students will develop the ability to move with competence and confidence in an a choice activity that benefits the healthy development of the whole person.



Curriculum Implementation

Spring/Summer 2019

- Distribute Frameworks / Assessments / Rubrics.
- Heart rate monitor set up and use.
- IPAD use in physical education for assessment and lesson planning by both teachers and students.
- Standards based learning and assessment in IC.



Resources

➤ Teacher Text Resources: **\$8,279.63**

- Fitness Walking:
- Trail Guide to the Body:
- Successful Sport Officiating:
- Successful Coaching:
- NFHSA Rule Books:
- 3 Year Referee Magazine Subscription

➤ Physical Education Equipment: **\$3,939.74**

- Hand Held Whistles, Officiating Jerseys, Numbered Scrimmage Vests, Penalty Flags, Magnets for iPads, Metal Storage Carts, Heart Rate Storage System: \$3,230.64

➤ Physical Education Technology: **\$156,305.00**

- 2019–2020 A370 Polar Heart Rate Monitors (900): \$121,455.00
- 2019–2020 Technology 5 schools (20 Teacher IPAD minis, 50 Student IPADS minis, protective cases, charging towers, apple care): \$34,650



Resources

➤ Apps/Software: **\$12,573.70**

- Apps–Hudl Technique, iReferee, My Jump, Fit Radio, Runmatic: \$2,428.70
- Software– Bar Sensai, Trainheroic (3 year license): \$10,145.00

➤ Teacher Curriculum Professional Development: **\$10,404.00**

- Spring 2019 –Frameworks/Assessments/Rubrics PPD/DCD: \$0
- Summer 2019 –Frameworks/Assessments/Rubrics PD 25 teachers: \$3,251.25
- Summer 2019 Train Heroic Program ½ day Training 25 teachers: \$1,950.75
- Summer 2019 Polar Heart Rate Monitor Training 25 teachers: \$3,251.25
- Summer 2019 App ½ day Training 25 teachers: \$1,950.75

▶ **Total Cost: \$191,502.07**

▶ **\$58.81 per student**

(If only freshman sign up for these course)



Next Steps

- Provide district wide physical education teachers collaboration time for lesson planning.
- Provide continued Infinite Campus and technology integration support for assessment and grading.
- Review and revise curriculum templates, rubrics and assessments.



