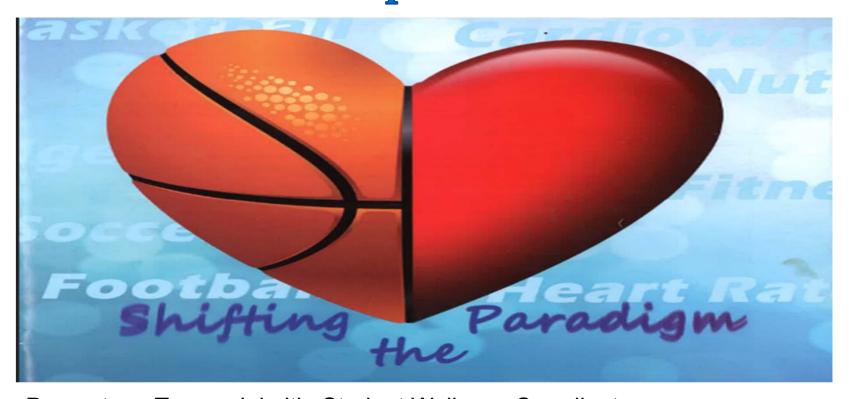


### Physical Education Curriculum Proposal



Presenters: Tracey Jakaitis-Student Wellness Coordinator Seanna Fitzpatrick-Bartlett High School Physical Education Nicole Maciorowski-South Elgin High School Carl Metzke-Elgin High School Physical Education



### **Curriculum Writing Team**

Tracey Jakaitis	Jaron Baker	Peg Corcoran	Jesus Gonzales
	Seanna Fitzpatrick	Carl Metzke	Shana Levin
Student Wellness Coordinator	Bartlett High School	Elgin High School	Larkin High School
	Kevin Alexander	Stephanie Katzenberger	
		Nicole Maciorowski	
		Alisia Perez- Follman	MATERIAL
	Streamwood High School	South Elgin High School	

## Purpose

- Propose to the Board of Education the adoption of these eight curriculum frameworks for high school physical education.
  - Functional Fitness: Anatomy/THRZ/Safety Module A
  - Functional Fitness: Nutrition/Fitness Portfolio Module B
  - Strength and Performance: Anatomy/THRZ/Safety Module A
  - > Strength and Performance: Nutrition/Fitness Portfolio Module B
  - Walking for Wellness: Anatomy/THRZ/Safety Module A
  - Walking for Wellness: Nutrition/Fitness Portfolio Module B
  - Team Sports Officiating and Coaching: Effective Players, Coaches and Officials/THRZ Module A
  - > Team Sports Officiating and Coaching: Effective Players, Coaches and Officials/Fitness Portfolio Module B

# Aligned to the



### Rationale

- Development of district wide standards based curriculums.
- Design district wide assessments and rubrics aligned to the updated State and National Learning Standards.
- Provide common district wide learning opportunities and assessments for students.

### Beliefs/Research

- High school outcomes should focus on:
  - Moving away from the emphasis on team games.
  - Providing knowledge and skills that are aligned with a physically active lifestyle throughout adulthood.
  - Appealing to the varying interest and abilities of students.

-Journal of Physical Education Recreation and Dance "Moving High School Students toward Physical Literacy" September 2015

## Writing Process

- Understanding by Design Training
- > Mapping the Curriculum, Writing Assessments/Rubrics
- Professional Development Team Feedback
- > Curriculum and Instruction Plus Team Feedback
- > Instructional Cabinet Feedback
- Instructional Council Steering/Instructional Council Feedback
- > Board of Education Presentation

# Resources for Curriculum Mapping

Resources used to help define what a student should know and be able to do as result of a quality physical education program:

- Illinois Physical Development and Health Standards Revised 5/2015.
- ➤ Research from JOPERD and Illinois Enhanced PE Task Force Report -8/2013.
- > Current program curriculum outlines.

# Learning Outcomes

- Critical Thinking: Students will develop critical thinking skills necessary to understand, analyze, and produce knowledge specific to movement and their health.
- Physical Literacy: Students will develop the ability to move with competence and confidence in an a choice activity that benefits the healthy development of the whole person.

# Curriculum Implementation

#### Spring/Summer 2019

- Distribute Frameworks/Assessments/Rubrics.
- Heart rate monitor set up and use.
- IPAD use in physical education for assessment and lesson planning by both teachers and students.
- Standards based learning and assessment in IC.

### Resources

- >Teacher Text Resources: \$8,279.63
  - > Fitness Walking:
  - > Trail Guide to the Body:
  - Successful Sport Officiating:
  - Successful Coaching:
  - > NFHSA Rule Books:
  - 3 Year Referee Magazine Subscription
- ➤ Physical Education Equipment: \$3,939.74
  - Hand Held Whistles, Officiating Jerseys, Numbered Scrimmage Vests, Penalty Flags, Magnets for IPads, Metal Storage Carts, Heart Rate Storage System: \$3,230.64
- ➤ Physical Education Technology: \$156,305.00
  - > 2019-2020 A370 Polar Heart Rate Monitors (900): \$121,455.00
  - > 2019-2020 Technology 5 schools(20 Teacher IPAD minis, 50 Student IPADS minis, protective cases, charging towers, apple care): \$34,650

### Resources

- >Apps/Software: \$12,573.70
  - > Apps-Hudl Technique, iReferee, My Jump, Fit Radio, Runmatic: \$2,428.70
  - > Software- Bar Sensai, Trainheroic (3 year license): \$10,145.00
- >Teacher Curriculum Professional Development: \$10,404.00
  - Spring 2019 –Frameworks/Assessments/Rubrics PPD/DCD: \$0
  - Summer 2019 -Frameworks/Assessments/Rubrics PD 25 teachers: \$3,251.25
  - > Summer 2019 Train Heroic Program ½ day Training 25 teachers: \$1,950.75
  - Summer 2019 Polar Heart Rate Monitor Training 25 teachers: \$3,251.25
  - Summer 2019 App ½ day Training 25 teachers: \$1,950.75
    - Total Cost: \$191,502.07
      - \$58.81 per student

(If only freshman sign up for these course)

# **Next Steps**

- Provide district wide physical education teachers collaboration time for lesson planning.
- Provide continued Infinite Campus and technology integration support for assessment and grading.
- Review and revise curriculum templates, rubrics and assessments.

