### Student Wellness Professional Development Proposal



## Aligned to the Strategic Plan



## **Curriculum Writing Teams**

- Bartlett High School
  - Natalie Simons, Brittney Leiber, Jaron Baker, John Glorioso
- Dream Academy
  - Danika Sev, Jason Svehla



- Elgin High School
  - o Carl Metzke, Peg Corcoran, Dawn Larsen, Megan Sischo
- Larkin High School
  - Terry Wolff, Beth Hinkles, Lupe Coronado, Steve Knapp, James Koehler
- South Elgin High School
  - Amy Robinson, Andrea Milazzo, Jay Bartholomew, Stephanie Katzenberger, Nicole Maciorowski
- Streamwood High School
  - Rob Wise, Kristin Duffy, Ryan Markgraf

### **Purpose- Courses**

Propose the adoption of the new and revised curriculum frameworks, assessments, rubrics and supporting resources for secondary health and physical education.

- ➤ Middle School Physical Education
- ➤ Middle School Health Education
- ➤ High School Health Education
- ➤ Team Sports Coaching and Officiating Module E
- ➤ Team Sports Coaching and Officiating Module F
- ➤ Walking for Wellness Module E
- ➤ Walking for Wellness Module F
- > Functional Fitness Module E
- > Functional Fitness Module F
- Strength and Performance Module E
- > Strength and Performance Module F

#### Rationale

Student Wellness professional development will focus on:

- Implementing skills based lessons and reduce content focused lessons in health education
- Creating fitness focused lessons outside of a fitness center
- Teacher collaboration in lesson planning and grading
- > Consistent use of rubrics for grading in PE and Health
- > SBLA grading in infinite campus

#### Rationale

Increased need for professional development, teacher collaboration and lesson planning around fitness.

School	<b>2018-2019 Enrollment</b>	<b>2019-2020 Enrollment</b>
BHS	204	844
EHS	594	1,602
LHS	330	603
SEHS	502	1,308
SHS	465	892
Total Students in Fitness Focused PE Course	2,095	5,245

# Who is impacted by this change?

Middle School	Middle School	High School	High School
PE	Health	Health	PE
37 Teachers	22 Teachers	26 Teachers	58 Teachers

# Who is impacted by this change?

School	DL	ESL	ELL	ВСС	CC	СТ	GE	Total Health Teachers
BHS	1A	0	0	0	1B	1B	3	5
EHS	1B	1C	1C	1C	1A	0	3	6
LHS	1A	1A	1A	1B	1C	1C	2	5
SEHS	1B				1A	1A	3	5
SHS	1B				1A	1A	3	5
	7 DUA	AL			5 SPEI	)	14 GE	26

## **Curriculum Implementation**

- ➤ PE teacher teams collaboration/Health teachers Newsela resource training
  - Summer 2020
- ➤ PE/Health teachers required PD to distribute frameworks/assessments/rubrics/resource review/IC review/teacher collaboration/ teaching fitness outside a fitness center (PE only)
  - August 2020 DCD
- > PE/Health teachers Newsela resource training
  - Summer 2020
  - September 2020 PPD
- > PE/Health teachers Instructional Technology training
  - September 2020 PPD

## **Professional Development**

PD Target Group	Description	Date	Cost
MS PE/Health teachers	Semester course curriculum overview	January 2019 DCD	\$0.00
25 PE teachers/25 Health teachers	Teacher collaboration	Summer 2020	\$4,537.50
10 Health teachers	Newsela Resource Training	Summer 2020	\$3,907.50
HS PE teachers	Curriculum overview/teaching fitness outside a fitness center/Collaboration/IC	August 2020 DCD	\$1,000.00
HS Health teachers	Curriculum overview/Goodheart Wilcox resource training/Collaboration	August 2020 DCD	\$2,000.00
All PE/Health teachers	Technology in PE/Health Education	September 2020 PPD	\$1,000.00
All PE/Health teachers	Newsela resource training	September 2020 PPD	\$3,000.00
			Total Cost: \$15,445.00