

Press Clippings 10/12/2017

---Courier News--- 10/12/17

Contest to promote healthful school lunches

BY RAFAEL GUERRERO

As schools nationwide celebrate their lunch programs this week, School District U46 announced a new contest and shared some of its meal program successes.

The school lunch contest, titled Recipes for Success, was established to get third-through 12th-graders talking and thinking about holistic approaches to wellness and a healthier lifestyle, according to a district news release.

“School lunches are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium,” said Claudie Phillips, U46’s director of food and nutrition services. “National School Lunch Week helps us educate parents and students about all the benefits of our lunch program, and the appealing choices we offer.”

The contests will vary by grade levels, the district said. At elementary schools, students who participate in their youth advisory councils will be asked to create their own recipe using popular food items served at their schools.

At middle schools, students will be asked to come up with a “recipe for success,” a path to a well-balanced, well-rounded life incorporating physical activity, emotional well-being and academic achievement. And at high schools, participating students will come up with their own “recipe for success.”

According to the news release, students must submit their entries to their school cafeteria manager by the end of October, with judging taking place in November, gift cards being awarded to the top three finishers just before winter break, and the top entry winning an iPad Mini toward the end of the school year.

District U46 also shared recognition for some of its schools for their meal programs.

Last spring, Oakhill Elementary School in Streamwood and Abbott Middle School in Elgin were recognized by the district for their student well-being programs.

Highland Elementary in Elgin has been nominated to receive the award in May 2018.

Earlier this year, the University of Illinois Extension’s Illinois Nutrition Education Programs awarded gold status to Streamwood High School, Elgin High School, Bartlett High School, South Elgin High School and Ellis Middle School for their work in promoting their school meal programs.

Some of these schools, Phillips said, enjoy active youth advisory councils on which student members serve as the “kids’ voice.” According to the news release, these students are invited to evaluate cafeteria offerings, recommend menu changes, and speak and attend events with food industry leaders. District officials have said many of these students have shown great interest being involved and having a say in what foods go to their cafeterias.

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U46 to highlight career pathways at Saturday fair

BY MADHU KRISHNAMURTHY



Elgin Area School District U-46 will showcase curriculum and career pathways for students at its annual expo Saturday at Elgin Community College.

Fifth- through 10th-graders will get to explore dozens of career pathways at Elgin Area School District U-46's third annual career expo Saturday.

[Explore 2017](#) takes place 9 a.m. to 1 p.m. at Elgin Community College, Building B, 1700 Spartan Drive.

It will showcase the district curriculum, and include hands-on demonstrations and conversations with local professionals.

"It's never too early to start thinking about high school courses as well as college and careers," U-46 CEO Tony Sanders said. "Explore 2017 will provide an opportunity for families to engage with U-46 teachers, guidance counselors and local organizations on possible career pathways their students can take."

U-46 teachers and staff members will explain core classes, electives and popular course sequences based on students' career interests, and earning industry certifications, such as for careers in automotive welding, health care science and manufacturing. Two automotive teams, including an all-female group, will race the clock in an engine teardown.

The fair is being held in partnership with the Alignment Collaborative for Education, a local nonprofit that brings together community resources and initiatives to support the district.

"This year's expo has more than 65 careers to explore," said Nancy Coleman, ACE executive director. "Community and business leaders who understand the importance of showcasing careers to middle and high school students will create a rich experience for students in various career fields, from environmental sciences to culinary arts."

Several dozen local business and industry partners will lead students in discussions and hands-on demonstrations, such as assembling a frame with Fabric Images and performing day-to-day procedures taught at AVID certified nursing assistant school.

The Elgin Area Convention and Visitors Bureau will host a hospitality booth with culinary demonstrations by representatives from Grand Victoria Casino, trivia games and giveaways. Students can learn about public safety careers from the Elgin Police Department, which will bring a SWAT truck, and the Elgin and Carol Stream fire departments.

The event is free and open to all U-46 students and their families. There will be free shuttle buses every 30 minutes to and from the expo and all eight U-46 middle schools.

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A new look to Elgin's Chesbrough Field House



A ceremonial ribbon is cut during a pep assembly at Elgin High School last Friday to highlight renovations at Chesbrough Field House.

Elgin High School has completed a total renovation to Chesbrough Field House, which opened in 1972. Named for legendary boys basketball coach Bill Chesbrough, who won 573 games in his 35 years as the Chief Maroon, the field house had a rubberized floor that badly needed replacing. The total renovation includes a new and smaller overhead scoreboard, new plastic bleachers on both sides and one end of the massive field house, as well as new smaller scoreboards on the top of each backstop.