

Physical Education Curriculum Proposal



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Curriculum Writing Teams

- **Bartlett High School**

- Jaron Baker, Joh Glorioso, Alisa Perez, Lori Linnert

- **Dream Academy**

- Danika Sev, Jason Svehla

- **Elgin High School**

- Peg Corcoran, Dawn Larsen, Jessica Magnuson, Carl Metzke, Megan Sischo

- **Larkin High School**

- Lupe Coronado, Steve Knapp, Donna Kroger

- **South Elgin High School**

- Jay Bartholomew, Stephanie Katzenberger, Nicole Maciorowski, Kathryn Ciolli

- **Streamwood High School**

- Kevin Alexander, Linda Baker, Ryan Markgraf, Kristin Duffy



Purpose

- Propose to the Board of Education the adoption of these eight curriculum frameworks, assessments, rubrics, and supporting resources for high school physical education.
 - Functional Fitness: Module C
 - Functional Fitness: Module D
 - Strength and Performance: Module C
 - Strength and Performance: Module D
 - Walking for Wellness: Module C
 - Walking for Wellness: Module D
 - Team Sports Officiating and Coaching: Module C
 - Team Sports Officiating and Coaching: Module D



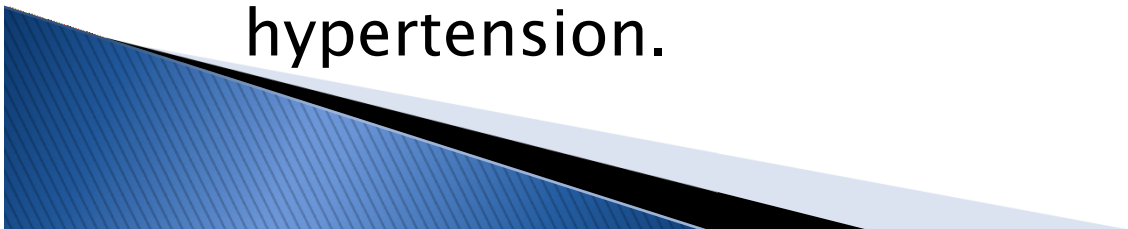
Aligned to the

U46 STRATEGIC PLAN



Rationale

- Development of district-wide standards-based curriculum.
- Design district-wide assessments and rubrics aligned to the updated State and National Learning Standards.
- Provide common district-wide learning opportunities and assessments for students.
- Local high school blood drive data report shows 75% males and 25% females were pre-hypertension.



Beliefs/Research

- ▶ High school outcomes should focus on:
 - Moving away from the emphasis on team sports.
 - Providing knowledge and skills that are aligned with a physically active lifestyle throughout adulthood.
 - Appealing to the varying interest and abilities of students.

-Journal of Physical Education Recreation and Dance
“Moving High School Students toward Physical Literacy”
September 2015



Writing Process

- Understanding by Design Training
- Mapping the Curriculum, Writing Assessments/Rubrics
- Professional Development Team Feedback
- Curriculum and Instruction Plus Team Feedback
- Instructional Cabinet Feedback
- Instructional Council Steering/Instructional Council Feedback
- Board of Education Presentation



Resources for Curriculum Mapping

Resources used to help define what a quality physical education program is:

- Illinois Physical Development and Health Standards
- Modules A and B and student/teacher feedback
- Certification program curriculum (ACE Personal Trainer, Group Fitness Instructor, ASEP Coaching, IHSA Officiating)



Learning Outcomes

- ***Critical Thinking:*** Students will develop critical-thinking skills necessary to understand, analyze, and produce knowledge specific to movement and their health.
- ***Physical Literacy:*** Students will develop the ability to move with competence and confidence in a choice activity that benefits the healthy development of the whole person.
- ***Career Exploration:*** Students will develop the knowledge and skills to achieve certifications.



Curriculum Implementation

Winter/Summer 2020

- Distribute Frameworks / Assessments / Rubrics.
- Content team collaboration to develop lessons and formative assessments.
- Standards, assessments, and rubrics loaded into Infinite Campus.



Resources

- Teacher Text Resources/Equipment: **\$57,771.58**
 - Walking for Fitness: \$1,509.30
 - Successful Sport Officiating: \$356.00
 - Successful Coaching: \$659.00
 - Renewal of Referee Magazine: \$187.00
 - NFHSA Rule Books: \$889.68
 - E370 Polar Heart Rate Monitor: \$32,906.25
 - 24 Port Charging Tower: \$400.00
 - Storage System for Heart Monitors: \$227.35
 - 3-Tier Metal Storage Basket Cart: \$1,077.00
 - iPad Carrying Case with Strap: \$330.00
 - Tennis Rackets: \$2,040.00
 - Hockey Goggles: \$1,494.00
 - Plastic Coated Foam Hockey Puck: \$696.00
 - Volt Fitness Data Collection Program Renewal: \$15,000.00



Professional Development

- Teacher Professional Development: **\$1,160.50**
 - January DCD 2020 –
Frameworks/Assessments/Rubrics: \$0
 - Summer 2020 Three Hours Teacher Collaboration
50 Teachers: \$1,160.50

Total Cost Resources/Equipment/PD: \$58,932.08



Next Steps

- Provide district-wide physical education teachers collaboration time for lesson planning.
- Provide continued Infinite Campus and technology integration support for assessment and grading.
- Review and revise curriculum templates, rubrics, and assessments.
- Honors credit for Lifeguard Certification Course.



