



District Wellness Committee
Meeting **Agenda + Minutes**

Date: May 20, 2021

Time: 2:00-3:00 p.m.

Join with Google Meet:

<https://meet.google.com/sqj-sfyu-nho?hs=122&authuser=1>

In Attendance: Christine Cliff, Krista McClellan, Veda Navsariwala, Leiann Neitzke, Marylou Gorski, Robin Brown, Tracey Jakaitis, Christine Birns, Aida Palma, Jim Koeller, Monique Batteast, Claudia, Serrano, Nayaab Sataar, Angela Gallegos, Santiago Cervantes,

Invited, But Unable to Attend: Chris Drwal, Jennifer Trygar, Beth Berg, Julie Reuter, Giselle Doyle, Sara Gonzalez, Elena Hildreth, Wayne Carlstedt, Ashwani Garg, JoAnn Armenta, Carmen Rodriguez, Karen Roman, Kathy Brown, Audrey Etheridge, Julia Langlois, Kerry Pentecost, Darlene Guyett, Danielle Henson, Cynthia Cortinas

Agenda Item	Presenter	Notes
Welcome!	Christine Cliff, District Registered Dietitian	Thank you all for joining the call!! 😊
Roll Call	All-Remind the group of: ✓ Your name and ✓ Which department or organization you represent <i>Let us know....what is one fun thing you are planning or looking forward to this summer?</i>	Some fun summer plans: <ul style="list-style-type: none"> • Gardening • Visiting Michigan & selling house • Kids going to camp • Feeding U-46 students • Family time • Biking • Free & downtime • Re-energizing
Status LWP Updates	Christine + Elena	Legal is currently reviewing our LWP updates. Preliminary feedback includes the need to change the name/title to NOT include policy. A webpage was created to house all the LWP (or soon to be renamed) documents. View this landing page at https://www.u-46.org/Page/17688 Hot off the Presses ...Right after our call, legal provided input and requested changes (minimal), which renames the document to Local Wellness Administrative Procedure and removes the usage of “policy” when it comes to this document. “Policy” can only be used in District documents for those items approved by the School Board. They

		<p>are very top-line, broad scope documents. What we have been working on are the “action steps” to the School Wellness Policy 6.500. You can view this policy HERE.</p> <p>Jeff King will be talking with Tony Sanders about how to get this updated document on the Board agenda (hopefully for June’s meeting) for their approval.</p> <p>With this new update, the LWP landing page, resource document & Triennial Assessment documents will need slight tweaking in the titles. Christine C will work on making these updates.</p>
<p>Triennial Assessment Needs (due by 6/30/2021)</p>	<p>Initiate completion of Assessments based upon level (elementary, middle school and high school)</p>	<p>Christine C initiated filling in these documents for each level, including elementary, middle school and high school.</p> <p>Input is needed now for how we are doing in each level for the following areas:</p> <ul style="list-style-type: none"> • Nutrition Education • Nutrition Promotion • Physical Education + Physical Activity • Other School Based Wellness Activities <p>THE ASK: Email Christine C (ChristineCliff@u-46.org) your input on the following:</p> <ol style="list-style-type: none"> 1. Are we 1) Meeting, 2) Partially meeting or 3) Not meeting the goals for your area of expertise? 2. What are the STRENGTHS of our current LWP? 3. What IMPROVEMENTS can be made? 4. Any next steps to take towards updates/ changes?
<p>Brainstorm ideas to best disseminate LWP + Resource document to U-46 staff + parents</p>	<p>All to provide input</p>	<p>Beth Berg and Christine to connect next week RE: ideas for how to best disseminate resource document + School Wellness Administrative Procedures to staff and/or parents</p>
<p>Updates of Programs/Resources Available to Meet LWP Goals</p>	<p>U-46 staff Community Partners</p>	<p>Looking into the future for next fall...</p> <p>Monique (Greater Chicago Food Depository) is wanting to provide nutrition education webinar and resources to share with staff and parents</p>

		<p>Robin (Midwest Dairy/Fuel Up to Play 60) is looking at in person in the near future...still virtual currently.</p> <p>U of IL Extension... will check into community programs that will be offered...currently still all virtual. If any schools interested to promote breakfast carts, nutrition, ...a potential connection with Greater Chicago Food Depository</p> <p>Christine (U-46 School Nutrition)...looking forward to (hopefully) having garden bars back in elementary schools in the near future and having the secondary schools going back to offering a wider array of options to students. Time will tell what new CDC/District guidelines will allow.</p>
Questions	All	<p>Claudia was inquiring about why the physical education classes for her children were shortened this school year.</p> <p>Tracey + Jim answered...the trimming of time in elementary was due to COVID and the need to teach both in person & remote classes at the same time. HS PE classes remained at 50 minutes (nicely done, Jim!!) It is expected that the physical education classes for elementary will returned to the original length of time in the fall 2021.</p>
Next Steps and Wrap Up	Christine Cliff	<p>All...please provide your input for the Triennial Assessments to Christine by June 2 (or earlier) 😊.</p> <p>Refer to the Triennial section above for details OR contact Christine (christinecliff@u-46.org OR 224.558.0684) with questions.</p> <p>Next District Wellness Committee meeting/call: September OR October 2021</p> <p>Thank you all for your hard work. Happy Summer to all!!!</p>

