



SCHOOL DISTRICT U-46

LOCAL WELLNESS COMMITTEE WINTER MEETING
APRIL 20, 2023 | 2:30-3:30 PM
GOOGLE MEET



AGENDA WITH MINUTES

- I. Welcome!!
 - A. Facilitator: Christine M. Cliff; District Dietitian
- II. Roll Call & Introductions

Members present on the call: U-46 FNS staff: Christine Cliff, Audrey Etheridge, Jane Russo; U-46 Human Resources: Beth Berg; Midwest Dairy Association: Lela Fausze; Rise and Shine IL: Monique Batteast; U of IL Extension: Olivia Melgoza (NEW Rep for U of IL Extension...WELCOME ABOARD!)
- III. STUDENT Guests Introductions
 - A. No students joined the call
- IV. UPDATES –U46 Wellness Fest on 5/4/23
 - A. 2-7pm at The Centre (100 Symphony Way, Elgin)
 - B. Marketing-Please help to promote event using event flyer (will be attached to email with minutes)
 - C. Christine & Audrey working to finalize signs. Secured Signs by Tomorrow to print/make 10 total signs for inside and outside.
 - D. Christine purchased balloons for event. Will delivered to The Centre around 12p on 5/4.
 - E. Tables & chairs confirmed for delivery by U46 plant ops.
 - F. Activities Planned:
 - a) 29 tables/vendors confirmed for inside activities. Many great activities planned. See [SHARED GOOGLE Sheet](#) for details
 - b) **OUTSIDE**: 2 food trucks, Elgin SWAT & ice cream cart, car seat checks
 - G. **VOLUNTEERS**: Interested? Sign up for available slots [HERE](#)
- V. National School **Breakfast Week** **WRAP UP**
 - A. **THEME**: *DIG IN to School Breakfast*
 - B. All schools that participated do a fantastic job. See PPT of pictures that highlight how our schools celebrated NSBW 2023.
- VI. UPDATE-FoodMaster Fan Cards
 - A. See ZIP file that is attached to email for samples of FAN CARDS that are being created for U46. There are ~5 cards per topic area.
 - B. FAN Cards should be finalized this spring. Looking to implement & share at the start of SY2023-24.
- VII. **BRAINSTORM**- Local Wellness Committee Activities SY2023-24—
 - A. **Due to small number of attendees, did not do, so please send your ideas for what this Committee can aim to collaborate on for next SY.**
 - B. Interest in continuing on Local Wellness Committee next school year?? Email Christine YES or NO.

VIII. Community Partner Updates- **Community Partners**

A. Midwest Dairy-

- a) shifting to Gen Z target audience (10-25y/o) so they can tap into the older youth.
- b) NEW Chicago Fire connection...still in development.

B. U of IL Extension:

- a) Looking to be in schools more next SY and offer virtual experiences for nutrition ed. Schools need to be 50+% free and reduced to qualify for nutrition ed services.
- b) OrganWise Guys still around.

IX. Questions & Wrap Up- None

X. **Next meeting:** Fall 2023 (late Sept or early Oct)

**THANK YOU FOR BEING A PART OF THE LOCAL WELLNESS COMMITTEE THIS
SCHOOL YEAR!**